

2019 *january*

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2	3 5:10 pm: Cardio Kick, Core and More Theater	4	5
6	7	8	9 3:45 pm: Total Body 5:00 pm: Cardio Kick,m Core and More Band Room	10 5:10 pm: Cardio Kick, Core and More Theater	11	12
13	14	15	16 3:45 pm: Total Body 5:00 pm: Cardio Kick,m Core and More Band Room	17 5:10 pm: Cardio Kick, Core and More Band Room	18	19
20	21	22	23 3:45 pm: Total Body 5:00 pm: Cardio Kick,m Core and More Band Room	24 5:10 pm: Cardio Kick, Core and More Theater	25	26
27	28	29	30 3:45 pm: Total Body 5:00 pm: Cardio Kick,m Core and More Band Room	31 5:10 pm: Cardio Kick, Core and More Theater		

NOTES: All classes are \$5.00 each. There are punch cards available (10 sessions/\$40.00). Questions? Contact Kari Lazers, 715-275-3225 x1120 or email: klazers@elchoschool.org.